



## Mendenhall Middle School

# Cheerleading Team 2024-2025

Thank you for attending the cheerleading parent/student interest meeting! Cheerleading is a fun and exciting experience that allows students to be an active part of the school. Cheerleading is also a physical activity that requires students to dance, jump, stunt and project an energetic image and a positive attitude. The goals of the MMS cheerleading program are to promote school spirit, demonstrate leadership, good sportsmanship, and school loyalty in every way possible within the campus and community at large.

### Weekly Practice Schedule:

<b>Tuesday</b> <b>2:45 PM-4:30 PM</b> <b>Beginning August 13th</b>	<b>Thursday</b> <b>2:45 PM-4:30 PM</b> <b>Ending December 19th</b>
<p><i><b>*Basketball home games will be on:</b></i> <i><b>September: 12th, 19th</b></i> <i><b>October: 3rd, 10th, 17th</b></i> <i><b>November: 7th, 14th,</b></i> <i><b>December: 5th, 12th, 19th</b></i> <i><b>Basketball game day obligation: 3:15 PM-6:00 PM</b></i></p>	
<p>***Athletes interested in performing at school events or competing in a group stunt will continue to practice until February 2025. Athletes can only participate in one athletic team at a time. Athletes interested in participating until February 2025 will be excused during the season to participate in girls basketball***</p>	

### Academics:

Though the goal for the season is to support our athletic teams and increase school pride, students are still expected to be in good academic standing. Coaches will be checking grades weekly, to ensure students are maintaining a 2.0 GPA and passing all classes with a D or better. Students are not eligible to participate with any current failing grades. Remember, your academics are and should be your first priority as a student athlete..

### Cheerleading Attendance Expectations:

Athletes are held to the following expectations regarding practices:

1. Attend all practices, games, and performance (if possible)
2. Athletes are responsible for notifying their coach of conflicting commitments during the season. Absences (outside of illness) must be pre-approved by the coach.

### Attendance/Participation:

Athletes **MUST** attend 50% of their school day in order to participate in any team activities!

(ex. practice/performance/basketball games) This includes absences that are excused. Athletes must fully participate in ALL PE activities in order to participate in any team activities. Parent notes provided to PE teachers will apply to cheerleading for the duration of the note.

## Clearance:

Athletes must be cleared to participate during the cheerleading season. Directions can be found on the MMS school website under the athletics page. Please reach out to the coach for assistance with athletic registration/clearance.

### Team Uniform & Accessories

Varsity Uniform Top	\$40
Varsity Uniform Skirt	\$80
Uniform Briefs or spandex shorts	\$30
Pom-Poms	\$50
Bow	\$20
Varsity Shoes or white athletic shoes	\$60

Cheer uniforms and accessories can be used for two years. Parents with athletes moving to High School will have the opportunity to re-sell these pieces to incoming athletes. These items are not mandatory and pricing is an estimate. Details will be discussed during the parent team meeting after tryouts. If you have any questions or concerns, please feel free to contact me [dbutler@lvjUSD.org](mailto:dbutler@lvjUSD.org).

**Fundraising:** Athletes will be asked to volunteer their time to participate in fundraising events. Raised funds will be used to purchase panel mats and off set costs of the cheerleading program.

## Tryouts:

Athletes planning to try out for the cheer team **MUST** attend both clinic days and tryout day. There is a video tryout option for those who can not attend tryout day due to previous commitments:

**Try Out Clinic Day #1:** May 29th 1:45-3:45 pm

**Try Out Clinic Day #2:** May 30th 2:45-4:45 pm

Athletes should wear athletic clothing and tennis shoes (no jeans or Crocs). Hair should be pulled back into a ponytail and all jewelry needs to be removed. Wearing school spirit wear and school colors are encouraged at clinics and try out days! Athletes will receive a try out number and safety pins on clinic day #1. They will be responsible for wearing this on clinic day #2 and tryout day.

**Try Out Day:** May 31st 4:00 pm

Athletes will try out in groups of two. They will be asked to perform a toe touch, a cheer, a dance, and any specialty tumbling skills. Once their group has completed the tryout they can leave. Please return to the gym at 6:30 PM for the team announcement. Each athlete will learn if they made the team individually. **PARENTS- Please wait on the blacktop near the gym for your child after they have been notified of their placement.**

## **Judges & Scoring:**

The cheerleading team will be selected based on the scores of 3 judges (who are or will not be affiliated with MMS next year), the teacher recommendation letter, and coachability during the clinic days. Athletes will be scored individually on the following categories:

**Citizenship/Leadership: 20% of the total score** based on anonymous teacher evaluations.

**Coachability: 20% of the total score** will be based off of the HS assistant coaches evaluations.

**Judges' scores: 60% of the total score.** Judges will rate each girl's skills in technique/motions, voice, energy/enthusiasm, and jumps.

**Decisions of team placement are final.**

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## **STUDENT ATHLETE & PARENT AGREEMENT**

I, \_\_\_\_\_ (print) have carefully read this document and agree to the terms set forth by the MMS Cheerleading program.

\_\_\_\_\_ Student Signature Date

\_\_\_\_\_ Parent / Guardian Signature Date

\_\_\_\_\_ Parent Email

Comments: